

SAND DOLLAR SPORTS SAFE DIVING CODE

Maintain good mental and physical fitness. Do not dive under the influence of alcohol or drugs. Know your limits as a diver.
Keep proficient in diving skills. Always review them in controlled conditions after periods of inactivity. (Beach dive before boat diving).
Be familiar with dive sites, if not, obtain a formal diving orientation. Engage in diving activities consistent with your training.
Use complete, well-maintained diving equipment. Inspect it for fit and function prior to every dive. **DENY** the use of your equipment to uncertified divers.
Always use a buoyancy control device and submersible pressure gauge when diving.
Listen carefully to dive briefings and directions, and respect the advice of those coordinating your diving activities.
Adhere to the buddy system throughout every dive.
Be proficient in dive-table usage. Make all dives **NO-DECOMPRESSION** dives and allow a margin of safety, have a means to monitor depth and time under water.
Make safety stops on all dives.
Maintain proper buoyancy. Maintain neutral buoyancy under water. Have weights clear for easy removal. Establish positive buoyancy when in distress.
Always breathe properly while diving. Never hold your breath while using compressed air.
Always ascend slowly at a rate of not more than 30 feet per minute.
Maximum depth limit off dive boats is 90 feet.

EACH DIVER IS RESPONSIBLE FOR MONITORING HIS OR HER OWN DEPTH, BOTTOM TIMES AND CALCULATING REPETITIVE DIVES.

Absolutely no fish, coral or shell collecting while diving off the boats or offshore.

Check the appropriate rating to your level of SCUBA expertise.

_____ Beginner _____ Intermediate _____ Advanced

I have logged _____ dives since certification _____

My last dive was (date) _____ Location _____

I declare I have dived to depth of _____ feet.

Are you using a dive computer?

Yes No If yes, wath brand and model _____

Please list any and all medications (precriptions and non-prescriptions) you are presently taking: _____

Do you suffer from any medical conditions that would limit or prohibit your diving activities?

Yes No If yes, please explain _____

Do you have a history of or suffer from any form of heart disease? Yes No

Do you have scuba diving Insurance? Yes No

If you answered no Sand Dollar Sport recommends you purchase the scuba dive insurance.

Would you like to purchase DAN dive insurance for an annual fee of \$ 79 USD?

Yes No

I HAVE READ AND UNDERSTAND THE SAFE DIVING CODES DESCRIBED ABOVE:

SIGNATURE

DATE

Signature of parent or guardian if under 18 year old.